



# Welcome to Chabad House at Rutgers

Your Home Away from Home

# ABOUT US - 45-YEARS ON CAMPUS

Welcome to Les Turchin Chabad House at Rutgers University, a unique and vibrant center that provides a "home away from home" for college age students. Since its inception in 1978, Chabad House has been dedicated to providing a safe and nurturing environment for thousands of students in and around Rutgers University. We serve as an all-encompassing Jewish community center serving the needs of the entire Jewish community in and around Rutgers University. We offer dormitory housing, kosher meals, synagogue services, Jewish education and social programs. Campus Rabbis, Baruch Goodman and Shaya Shagalow are the driving force behind all our programs and help acclimate students in their new college environment. They make sure that our students feel welcomed and have someone to connect with so that they can thrive academically and maintain their traditions while away from home.



Our partnership with Rutgers University has ensured that the Jewish student population on campus continues to thrive in all their spiritual and academic endeavors. Our organization, 100% privately funded, continues to expand to serve the needs of over 6,000 Jewish students currently attending Rutgers University. Our 90,000 sq.ft. expansive facility houses the Shevell Family Synagogue, the Franco-Ashkenazi Family Sephardic Synagogue and Library, our own International Coffee House, a dining hall, classrooms, student lounges, and the men and women's dormitory wings.

Chabad House offers students a relaxed, friendly and spiritual environment that is welcoming to students of all backgrounds. At Chabad House we're simply all "Jewish" and share the common goal of maintaining our traditions without the pressure to adhere to a particular "label" or "sect". Our students can experience independent living, in a secure respectful setting without the restrictions of a curfew or dress code. Our dedicated Resident Advisors (RAs) are always available to assist our dorm residents in every aspect of living at Chabad House and are responsible for maintaining the level of integrity and safety in the dormitories.

Located at 170 College Avenue, we are centrally located across from the Alexander Library, the Rutgers gym and the Rutgers Student Center. The free campus bus transportation service that connects Rutgers-New Brunswick's five adjacent campuses is just steps away from our building.

# Top 6 Reasons to Live at Chabad House

## Great Environment -

At Chabad House, we are all family! It is truly your “home away from home” and a haven from the hustle and bustle of college life. Our welcoming environment ensures that students who walk through our doors become part of something greater and meaningful. We have daily, Shabbat, and Holiday services and meals right in our building so you don't have to worry about rushing home! We have it all!

## Beautiful Rooms & Amenities -

Our rooms are beautifully furnished and modern with a private bathroom and shower per room and ample storage space. All rooms are designed for up to three roommates. Each room is equipped with a heating and air-conditioning system. An exercise room is located in each wing with room for fitness training. A self-serve laundry facility and basic kitchenette are located on each floor. Free Wi-Fi is available throughout our facility and rooms. There are student lounges, quiet study areas, two synagogues, and a 24-hour Coffee Bar.

## Separate Men and Women Dorms -

Men and Women dormitory facilities are located in separate wings of the building with key control access. Each floor has an RA (Resident Assistant) whose job is to help residents maintain a conducive learning environment, provide social and education programs, as well as mediate conflicts between residents, and enforce residence hall policies on their floor.

## Daily Kosher Meal Program -

Our daily kosher dining services are right in our building. We serve meals three times a day\*, seven days a week including all Jewish Holidays that take place during the academic year. Our plan also offers a convenient “meal reservation” service for those students running late during meal times.

## Location / Security -

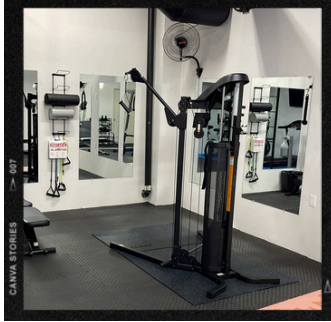
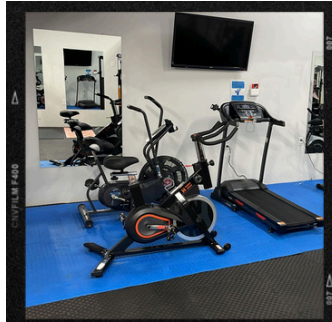
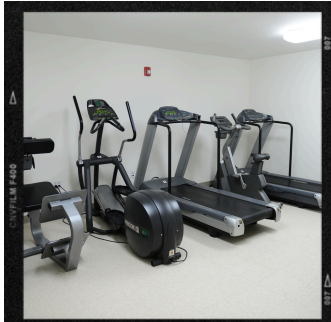
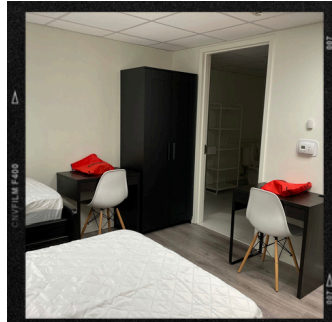
Our Residence Hall is located at 170 College Avenue, in the heart of the New Brunswick College Avenue campus. We are a short and safe walk away from many of Rutgers University's lecture halls and just steps away from transportation to all the other campuses. Keyed resident-only restricted access. This ensures the safety and privacy of our students. State-of-the-art interior and exterior security cameras.

## Affordability -

It's simple - ALL that the Chabad House Dormitory has to offer just can't be beat! Our discounted rates are lower AND we have more to offer than anywhere else!



# OUR ROOMS & AMENITIES



# Weekly Social & Learning Events



## JCafé

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Students join us every Tuesday at 9:15pm during the Fall and Spring semester for themed-social party, fun activities and dinner. Led by Rabbi Baruch Goodman and the student leadership, this popular program has been successful for decades at Chabad.



## Sushi & Soul

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Every Wednesday at 8:00pm students gather in the Franco-Ashkenazi Family Sephardic Synagogue for Torah tidbits while rolling and feasting on sushi and socializing with their friends. This program is led by Rabbi Shaya Shagalow with assistance from students who take turns leading it every week.



## Challah & Dessert Baking

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This special women-only program takes place at the Chabad House Kitchen every Thursday at 9:15pm where students gather to bake challah and desserts that are served at Chabad's Shabbat dinners.



## Daily Services

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Prayer Services take place at the Shevell Family Synagogue on a daily basis during the academic year. Shacharit: Monday - Friday at 8:30am, Shabbat at 9:30am and Sundays at 9:00am. Mincha: Sunday - Thursday at 1:30pm and five minutes to candle lighting on Fridays. Maariv: Sunday - Thursday at 9:00pm (Monday at 8:45pm) and Motzei Shabbat when Shabbat ends.



## Holiday Services & Meals

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Chabad House offers Holiday Services, as well as Holiday meals for those that take place during the academic calendar. This includes the High Holidays (Rosh Hashanah & Yom Kippur) Sukkot, Simchat Torah, the Festivals of Chanukah, Purim and Passover during which we host Seders and offer a full subsidized Kosher for Passover Menu.



## Bikur Cholim & Community Service

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Every Friday a group of volunteer students gather at Chabad to take flowers and visit patients at St. Peter's University Hospital. In addition, students organize annual blood drives, toy or coat collections and numerous other community service initiatives. Chabad House also offers accommodations to families with relatives in St. Peter's University Hospital and Robert Wood Johnson University Hospital.

# SOME OF OUR PROGRAMS

Introducing Rutgers' New Scarlet Knights Mascot

## Red Cow

### Shabbos Dinner Party

March 29 @ 8:15 pm

Hot Country Dinner!  
Exotic Drinks! Desserts!  
Crowds of Great People!

**Rutgers Chabad**  
170 College Ave

JCAFÉ PRESENTS

## NOAM

NOAM BUSKILA  
THE IDF SINGING SENSATION  
DIRECT FROM ISRAEL'S NORTHERN BORDER!

TUESDAY 1.23.2024 9:15PM

CHABAD HOUSE - LUBAVITCH  
RUTGERS UNIVERSITY

THE JEWISH HOME  
FOR ELDERLY MEN & WOMEN

RUTGERS CHABAD PRESENTS

Purim Edition!

## HAMANTASH

### BAKE-OFF

Monday March 4 9:15 PM  
Do you have what it bakes?

THANK YOU HASHEM!

## CHANUKAH UNITY BASH!

FEATURING:

- FARBRENGERS
- MENDY WORCH
- COME LIGHT YOUR OWN MENORAH!
- DREIDEL COMPETITION!
- DELICIOUSLY CATERED BY DOUGIES! DONUTS! HOT BUFFET!
- FREE MERCH! *Someone say hoodie??*

TUESDAY, DEC. 12, 9:15 PM  
JCAFÉ TURNY UP!  
JOIN US AS WE LIGHT THE MENORAH AND CELEBRATE THE FESTIVAL OF LIGHTS!

Sponsored by Thank You Hashem Nation!

170 COLLEGE AVE. - RUTGERS CHABAD

## RUTGERS CHABAD'S JCAFÉ

### Hot Buffet & Paint Night!

TUESDAY NIGHT, NOV. 14  
9:15PM

PEACE

AM YISRAEL CHAI!

## Israeli Purim Hoedown Carnival!

Sat Night  
March 23 @ 9:00pm  
at Rutgers Chabad  
170 College Ave

celebrate **PURIM**

MEGILLAH READING @ 9:00PM sharp!  
Purim Carnival! Hot Buffet! Hamantaschen!  
Photo Booth! Human Rides! Sports! Drinks!  
Live JewGrass Band! Raffle Prizes!  
Israeli Farmer Costume Party!

co-sponsored by **AEI RH**

RUTGERS CHABAD PRESENTS

## S'mores and Game's Night!

Monday, 9:15 PM

DON'T BE SHY, PUT S'MORE!!!

RUTGERS CHABAD PRESENTS  
CAMPUS BRUSH HOUR KICKOFF

## Ink & Fire

### GIRLS NIGHT!

UNITE FOR ISRAEL

- Brush Hour Gallery & Merch Table
- Exquisite Shabbat Through Art
- Delicious Light Refreshments

MONDAY 11.27.23 9:15PM

RUTGERS CHABAD  
170 COLLEGE AVE.

## RU CHABAD SCAVENGER HUNT

MONDAY NOV. 13 9:15 PM

WHAT ARE YOUR MONDAY NIGHT PLANS?

GRAND PRIZE FOR WINNING TEAM!

DESSERT WILL BE SERVED  
STARTING @ CHABAD

RUTGERS CHABAD INVITES YOU...

## ROSH HASHANAH ON CAMPUS!

COME HEAR THE CALL OF THE SHOFAR THIS SUNDAY!  
CELEBRATE THE NEW YEAR WITH SERVICES AND FREE MEALS!

FRIDAY NIGHT SEP 15 | SAT SEP 16 | SUNDAY SEP 17

CHABAD HOUSE, 170 COLLEGE AVE.

RUTGERS CHABAD PRESENTS

## NIGHT OF GLOW

FEATURING **DJ KRAZ**  
...AND MUCH MUCH MORE!

SUKKOT, TUES OCT. 3, 9:15  
A NIGHT YOU DON'T WANNA MISS

RUTGERS CHABAD PRESENTS

## Smoothies n' Succulents

IN SALUTE TO TU B'SHVAT (THE TREE'S BIRTHDAY!) COME MAKE YOUR VERY OWN SUCCULENT AND SMOOTHIE!

MONDAY, JAN 29, 8:30 PM

## Weekly Prayer Services

### SHACHARIT

Sunday  
9:00am

Monday - Friday  
8:30am

Shabbat  
9:30am

### MINCHA

Sunday - Thursday  
1:30pm

Friday  
5 min. after  
Candle Lighting

Shabbat  
1:30pm

### MAARIV

Sunday - Thursday  
9:00pm

Motzei Shabbat  
After Shabbos  
w/Havdalah

## Free Shabbat Dinner & Lunch

Friday nights is where the magic happens at Chabad as up to 500 hundred students gather for Candle Lighting, Prayer Services and Shabbat Dinner every week. Students are treated to a “home cooked” traditional Shabbat meal, meaningful services, songs and socializing.



# DAILY KOSHER MEAL PLAN

The Kosher Meal Plan offered by Chabad House - Rutgers University is both very appetizing and easily accessible. Our convenient location on College Avenue offers easy access to all Rutgers students.

Our menu features a variety of options for the health-conscious student. Nutritious meals are served three times a day, seven days a week including a delicious and free Shabbat menu. Our manager works closely with students requiring dietary needs or restrictions to maximize their menu options.

Chabad House offers students a combination of affordability, variety, and convenience that is unparalleled.



## Top 6 Reasons to Dine at Chabad House

### **Recognition—**

We are proudly recognized by Rutgers University as an approved Kosher meal plan provider. In compliance with Rutgers University's dining regulations, signing up for our Complete or Traditional Meal Plan or a combination of Chabad and Rutgers plans, exempts the student from the Rutgers University residence hall meal plan obligation.

### **Experience Variety—**

A different menu is available every day along with some of our student's regular favorite side dishes. We offer variety and accommodate most dietary needs and requests. Make new friends while enjoying our good food!

### **Location—**

Our dining hall is located right on 170 College Avenue. We are just a short walk away from many of Rutgers University's lecture halls. Our premier location offers easy access to daily dining and to our dynamic social and learning programs.

### **Convenience—**

Our various meal plans offer worry-free convenient options for students living on or off campus. That's Kosher dining the way you want it! Staying on campus for Shabbat? All meal plan subscribers and their guests are welcome to join us every Shabbat for free meals in a friendly and spiritual environment.

### **Flexibility—**

Join us for breakfast, lunch, dinner, or any combination that suits your schedule. Our meal plans offer the student flexibility based on their needs, daily. Take advantage of our "meal reservation" option for lunch or dinner and you will never miss a meal!

### **Affordability—**

You can't beat the savings of time and money! Each of our meal plans are affordable, convenient and nutritious. As an added bonus—all our Shabbat and Holiday meals are free!



# Daily Meal Schedule

<p style="text-align: center;"><b>Sunday</b></p> <p style="text-align: center;"><b>Brunch</b> 10am - 2pm</p> <p style="text-align: center;"><b>Dinner</b> 5pm - 7pm</p>	<p style="text-align: center;"><b>Monday - Thursday</b></p> <p style="text-align: center;"><b>Breakfast</b> 7:45am - 10am</p> <p style="text-align: center;"><b>Lunch</b> 11:30am - 2:30pm</p> <p style="text-align: center;"><b>Dinner</b> 5:30pm - 7:45pm</p>	<p style="text-align: center;"><b>Friday</b></p> <p style="text-align: center;"><b>Breakfast</b> 7:45am - 10am</p> <p style="text-align: center;"><b>Lunch</b> 11:30am - 2:30pm</p>	<p style="text-align: center;"><b>Shabbat</b></p> <p style="text-align: center;"><b>Friday Dinner*</b> Breakfast: 9:45 a.m. Lunch: 12:00 p.m. Shalosh Seudot *</p>
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## SAMPLE WEEKLY MENU

### SUNDAY

#### BRUNCH

Scrambled Eggs, Hash Browns, French Toast, Waffle Bar, Pasta Bar, Vegetable Sides

#### DINNER

Beef Chilli  
Rice  
Vegetables

### WEDNESDAY

#### BREAKFAST

Hot Breakfast Bar  
Chef's Choice Extras

#### LUNCH

Pizza, French Fries, Mozzarella Sticks, Vegetables

#### DINNER

Shawarma  
Mexican rice  
Israeli salads

### MONDAY

#### BREAKFAST

Hot Breakfast Bar  
Chef's Choice Extras

#### LUNCH

Tuna Tartare  
Pasta, Vegetables

#### DINNER

Grilled Chicken  
Orzo  
Grilled Vegetables

### THURSDAY

#### BREAKFAST

Hot Breakfast Bar  
Chef's Choice Extras

#### LUNCH

Grilled Salmon  
Chef Style Potatoes  
Vegetables

#### DINNER

BBQ Night  
Burgers, Chicken Wings  
French Fries, Vegetables

### TUESDAY

#### BREAKFAST

Hot Breakfast Bar  
Chef's Choice Extras

#### LUNCH

Quesadillas  
Guacamole  
Vegetables

#### DINNER

Roast Beef  
Mashed potatoes  
Grilled Vegetables

### FRIDAY

#### BREAKFAST

Hot Breakfast Bar  
Chef's Choice Extras

#### LUNCH

Penne alla Vodka  
Quinoa  
Vegetables

*Shabbat  
Shalom*

For vegetarian, gluten-free and plain alternative to the mains, please ask Karen at the service desk . Breakfast & Lunch have a full salad bar, cold cereals, yogurts, bread, & assorted spreads, etc. Dinner includes prepared salads, sides & cold drinks. Not all side dish options are listed above. Please note our menu is subject to change based on availability and we'll advise students if there's a complete change in the menu. Please email [dining@chabadnj.org](mailto:dining@chabadnj.org) with any food related requests, questions, concerns or send a message on WhatsApp to (732) 296-1800.

## Chabad House at Rutgers University

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Main Email: [Office@chabadnj.org](mailto:Office@chabadnj.org)  
[www.ChabadNJ.org](http://www.ChabadNJ.org)

### Administration

<b>Rabbi Yosef Carlebach</b> Director	Ext 101	<a href="mailto:Rabbi@ChabadNJ.org">Rabbi@ChabadNJ.org</a>
<b>Rabbi Mendy Carlebach</b> Administrator Finances, Facilities Manager	Ext 102	<a href="mailto:RabbiMendy@ChabadNJ.org">RabbiMendy@ChabadNJ.org</a>
<b>Rabbi Mendi Pevzner</b> Dining Program Director	Ext 103	<a href="mailto:Diningmanager@ChabadNJ.org">Diningmanager@ChabadNJ.org</a>
<b>Rivka Greenberg</b> Administrative Coordinator Housing & Meal Plan Registrar	Ext 104	<a href="mailto:R.Greenberg@ChabadNJ.org">R.Greenberg@ChabadNJ.org</a>

### Campus Outreach & Education

<b>Rabbi Baruch Goodman</b> Director of Campus Activities	Ext 108	<a href="mailto:rabbigoodman@chabadnj.org">rabbigoodman@chabadnj.org</a>
<b>Rabbi Shaya Shagalow</b> Campus Director of Torah Studies	Ext 109	<a href="mailto:rabbishaya@chabadnj.org">rabbishaya@chabadnj.org</a>
<b>Shaindel Carlebach</b> Director of Student Activities	Ext 105	<a href="mailto:shaindelc@chabadnj.org">shaindelc@chabadnj.org</a>

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